

## CURRICULUM VITAE

### Melinda S. Lantz, MD

#### **Education:**

- 1982      B.S. (Chemistry)  
The Pennsylvania State University  
University Park, Pennsylvania
- 1986      M.D., UMDNJ-Robert Wood Johnson Medical School  
Piscataway, New Jersey

#### **Post-graduate training:**

- 7/86 - 6/87      Categorical Internship in Psychiatry  
Long Island Jewish/Hillside Medical Center  
New Hyde Park, New York
- 7/87 - 6/89      Resident in Psychiatry Long Island Jewish/Hillside Medical Center  
New Hyde Park, New York
- 7/89 - 6/91      Fellow in Geriatric Psychiatry  
Albert Einstein College of Medicine/  
Montefiore Medical Center  
Bronx, New York

#### **Professional Employment and Hospital Appointments:**

- 7/91 - 1/93      San Diego County Psychiatric Hospital, San Diego, CA  
Program Director, Geriatric Special Treatment Program
- 1/93 - 8/93      New York Hospital-Medical Center of Queens, Flushing, NY  
Consultation-Liaison Psychiatrist, Alcohol and Chemical Dependency  
Treatment Program Consultant
- 11/95 - present      Island Peer Review Organization  
New Hyde Park, NY  
Physician Consultant/Utilization Review and Quality Improvement
- 8/93-6/06      The Jewish Home & Hospital, New York, NY  
Director of Psychiatry

6/06-present            Beth Israel Medical Center, New York, NY  
Chief of Geriatric Psychiatry

**Academic Appointments:**

7/02-6/06            Clinical Associate Professor  
Department of Geriatrics and Adult Development  
The Mount Sinai School of Medicine

9/93-6/02            Assistant Professor  
Department of Geriatrics and Adult Development  
The Mount Sinai School of Medicine

**Board Certification:**

The American Board of Psychiatry and Neurology, October 1991, #34715  
Subspecialty Certification In Addiction Psychiatry, March 1993,  
Recertified March 2003, #236  
Subspecialty Certification In Geriatric Psychiatry, April 1994  
Recertified April 2004, #1067

**Professional Society Membership:**

American Medical Association  
American Psychiatric Association  
American Association for Geriatric Psychiatry  
American Academy of Addiction Psychiatry  
International Psychogeriatric Association  
American Geriatrics Society

**Awards and Honors:**

Mount Sinai School of Medicine Brookdale Department of  
Geriatrics and Adult Development  
2002-2003 Teacher of the Year Award

National Alliance for the Mentally Ill  
2003 Exemplary Psychiatrist Award/Honorable Mention

**Other Professional Activities:**

03/ 07 – present        Board of Directors, American Association for Geriatric Psychiatry  
Melinda S. Lantz MD/CV

01/07 – present      Editorial Board, *Clinical Geriatrics*

10/05 – 11/05      Visiting Professor, Taiwan National University Hospital  
Taiwan National Health Research Institute

1/03 - present      American Association for Geriatric Psychiatry,  
Chair, Education Committee

1/03 – present      American Geriatrics Society, Committee on Education  
American Association for Geriatric Psychiatry Representative

12/01 - present      *Clinical Geriatrics*, series editor, Psychiatry Rounds

1/01 – 12/01      *Geriatrics*, series editor, The Psychiatry Consultant

**Grant Support:**

AG02219/Kenneth L. Davis MD, principal investigator      06/1/93-12/31/03  
NIH/NIA  
Clinical and Biologic Studies of Early Alzheimer's Disease  
Co-Investigator, 5% effort

F1D-US-HGHX, Melinda S. Lantz MD, investigator      03/1/99-02/1/01  
Eli Lilly and Co.  
Short-acting IM Olanzapine in Agitation in Dementia, phase III trial

RIS-USA-232, Melinda S. Lantz MD, investigator      01/15/01-12/31/02  
Janssen Research Foundation  
Risperidone for Alzheimer's dementia with psychosis, phase IV trial

BMS/OAPI CN138-005, Melinda S. Lantz MD, investigator      05/1/02-12/31/03  
BMS/OAPI CN138-004, Melinda S. Lantz MD, investigator  
Bristol-Myers Squibb Pharmaceutical Research Institute  
Aripiprazole for Alzheimer's dementia with psychosis, 2 phase III trials

Integrating Complementary and Alternative Therapies for the care of      07/1/02-06/30/04  
Nursing Home Residents with Dementia, Melinda S. Lantz, MD,  
Principal investigator  
The Florence V. Burden Foundation and The United Hospital Fund

AstraZeneca 5077US/0046, Melinda S. Lantz, MD, investigator      11/01/02-12/31/03  
AstraZeneca Pharmaceuticals LP  
Seroquel for the Treatment of Agitation in Nursing Home Residents

Boehringer Ingelheim 1198.052, Melinda S. Lantz MD, investigator 02/11/04-12/31/05  
Boehringer Ingelheim Pharmaceuticals, Inc.  
A double-blind, placebo-controlled, safety, tolerability and efficacy of NS2330 for outpatients with mild to moderate Alzheimer's dementia, Phase II trial

BMS/OAPI CN138-131-012, Melinda S. Lantz MD, investigator 06/07/04-06/30/05  
Bristol-Myers Squibb Pharmaceutical Research Institute  
A placebo-controlled, double-blind, safety and efficacy trial of short-acting intramuscular aripiprazole for the treatment of acute agitation in nursing home residents with dementia, Phase III trial

Forest MEM-MD-22, Melinda S. Lantz, MD, investigator 10/01/04-06/01/06  
Forest Research Institute  
A randomized, double-blind, placebo-controlled evaluation of the safety and efficacy of memantine in nursing home residents with moderate to severe Alzheimer's dementia

ONO-2506POU10, Melinda S. Lantz MD, investigator 11/15/05-04/30/07  
ONO Pharma USA, Inc.  
A double-blind, phase II, safety and efficacy evaluation of ONO-2506PO in patients with mild to moderate Alzheimer's disease

Takeda Protocol 01-05-TL-375-061, Melinda S. Lantz MD, investigator 01/15/06-01/30/07  
Takeda Global Research and Development Center, Inc.  
A double-blind, randomized, placebo-controlled study of the efficacy, safety and tolerability of 8 week treatment of Rozerem in sleep disturbed, mild to moderately severe Alzheimer's disease subjects.

### **INVITED PRESENTATIONS**

“Mental Health Services in Nursing Homes: Successful Models of Care”, presentation to The Geriatric Mental Health Alliance of New York, Best Practices Presentation, November 30, 2007, New York, NY

“Dementia: A case-based approach” presentation for Intensive Board Review & Update in Geriatric Medicine CME Course, Mount Sinai School of Medicine, September 18, 2006, New York, NY

Session Chair, “Geropsychiatry Education and Resources for Training”, sponsored by the Donald W. Reynolds Foundations, American Association for Geriatric Psychiatry Annual Meeting, March 13, 2006, San Juan, Puerto Rico

“Suicide, Grief & Bereavement, Failure to Thrive, Death & Dying,” presentation for Review in Geriatric Psychiatry: Preparation for Subspecialty Examinations, American Association for Geriatric Psychiatry CME Course, March 10, 2006, San Juan, Puerto Rico

“Polypharmacy in Older Adults: Problems and Solutions,” and “Treatment Approaches to  
Melinda S. Lantz MD/CV

Depression in Late-Life”, presentation to the Taiwan Geriatric Society and the Taiwan Psychogeriatric Society, October 23, 2005, Taipei, Taiwan

“Late-life Depression: Etiology, Prevention, Public Health Impact”, presentation to the American Geriatrics Society 2005 Annual Scientific Meeting Clinical Update Series, May 13, 2005, Orlando, FL

“Suicide in Late-life, Bereavement, Failure to Thrive, Death & Dying,” presentation for Review in Geriatric Psychiatry: Preparation for Subspecialty Examinations, American Association for Geriatric Psychiatry CME Course, March 2, 2005, San Diego, CA

“Meeting the Mental Health Needs of Nursing Home Residents”, presentation to the New York State Ombudsman for the Elderly, February 13, 2006, New York, NY

“Clinical Consult in Dementia”, Expert Consultant January 2005 and February 2005, [www.mhsource.com/demconsult](http://www.mhsource.com/demconsult)

“Practice Enhancement Program for Elder Mental Health Care”, American Association for Geriatric Psychiatry Clinical Practice Workshops, Program Co-Chair, November 19, 2004, Santa Monica, CA and December 10, 2004, Lake Buena Vista, FL

“Update on the Diagnosis and Risk Factors for Dementia”, Grand Rounds presentation to Our Lady of Mercy Medical Center Department of Psychiatry, May 4, 2004, Bronx, New York

“Treatment of Psychosis in Dementia: Medications versus Behavioral Therapy”, Grand Rounds presentation to Hackensack Medical Center Department of Geriatric Medicine, April 5, 2004, Hackensack, NJ

“Suicide in Late-life, Grief & Bereavement, Failure to Thrive, Death & Dying,” presentation for Review in Geriatric Psychiatry: Preparation for Subspecialty Examinations, American Association for Geriatric Psychiatry CME Course, February 20, 2004, Baltimore, MD

“Diagnosis and Treatment of Psychosis in the Older Adult,” Grand Rounds presentation to Metropolitan Hospital Center Department of Psychiatry, January 16, 2004, New York, NY

“Depression Update”, presentation as part of Treating Older Adults: Updates & Practical Approaches, CME Course sponsored by the Consortium of New York Geriatric Education Centers, October 10, 2003, New York, NY

“Management of Behavioral Issues in Dementia Care”, presentation to the Alzheimer’s Foundation of America Conference on Caregiving, November 9, 2003, New York, NY

“Behavior Therapy for Older Adults”, presentation to the Service Program for Older People, Inc. Educational Seminars, November 11, 2002, New York, NY

## **BIBLIOGRAPHY**

Original Communications in Peer-Reviewed Journals:

Morrison RS, Chichin E, Carter J, Burack O, **Lantz M**, Meier DE. The effect of a social work intervention to enhance advance care planning documentation in the nursing home. *Journal of the American Geriatrics Society* 53(2):290-294, 2005.

Greenberg L, **Lantz MS**, Likourezos A, Burack OR, Chichin E, Carter J. Screening for depression in nursing home palliative care patients. *Journal of Geriatric Psychiatry and Neurology* 17(4):212-218, 2004.

Serby M, Brickman AM, Haroutunian V, Purohit DP, Marin D, **Lantz M**, Mohs RC, Davis KL. Cognitive burden and excess Lewy-body pathology in the Lewy-body variant of Alzheimer disease. *American Journal of Geriatric Psychiatry* 11:371-374, 2003.

Evers MM, Samuels SC, **Lantz M**, Khan K, Brickman AM, Marin DB. The prevalence, diagnosis and treatment of depression in dementia patients in chronic care facilities. *International Journal of Geriatric Psychiatry* 17:464-472, 2002.

Marin DB, Flynn S, Mare M, **Lantz M**, Hsu MA, Laurans M, Paredes M, Zaklad GR, Mohs RC. Reliability and validity of a chronic care facility adaptation of the dementia rating scale. *International Journal of Geriatric Psychiatry* 16:745-750, 2001.

Haroutunian V, Serby M, Purohit DP, Perl DP, Marin D, **Lantz M**, Mohs RC, Davis KL. Contribution of Lewy Body inclusions to dementia in patients with and without Alzheimer disease neuropathological conditions. *Archives of Neurology* 577:1145-1150, 2000.

Silverman JM, Smith CM, Marin DB, Schmeidler J, Birstein S, **Lantz M**, Davis KL, Mohs RC. Has familial aggregation in Alzheimer's disease been overestimated? *International Journal of Geriatric Psychiatry* 15:631-637, 2000.

**Lantz MS**, Buchalter DO, Giambanco V. St. Johns Wort and antidepressant drug interactions in the elderly. *Journal of Geriatric Psychiatry and Neurology* 12:7-10, 1999.

Davis KL, Mohs RC, Marin DB, Purohit DP, Perl DP, **Lantz M**, Austin G, Haroutunian V. Neuropeptide abnormalities in patients with early Alzheimer's disease. *Archives of General Psychiatry* 56:981-987, 1999.

Haroutunian V, Purohit DP, Perl DP, Marin D, Khan K, **Lantz M**, Davis KL, Mohs RC. Neurofibrillary tangles in nondemented elderly subjects and mild Alzheimer disease. *Archives of Neurology* 56:713-718, 1999.

Davis KL, Mohs RC, Marin D, Purohit DP, Perl DP, **Lantz M**, Austin G, Haroutunian V. Cholinergic markers in elderly patients with early signs of Alzheimer disease. *Journal of the American Medical Association* 281:1401-1406, 1999.

Haroutunian V, Perl DP, Purohit DP, Marin D, Khan K, **Lantz M**, Davis KL, Mohs RC. Regional distribution of neuritic plaques in the nondemented elderly and subjects with very mild Alzheimer's disease. *Archives of Neurology* 55:1185-1191, 1998.

Marin DB, Breuer B, Marin ML, Silverman J, Schmeidler J, Greenberg D, Flynn S, Marc M, **Lantz M**, Libow L, Neufeld R, Altstiel L, Davis KL, Mohs RC. The relationship between apolipoprotein E, dementia and vascular illness. *Atherosclerosis* 140:173-180, 1998.

Gabriel SM, Marin DB, Aisen PS, **Lantz MS**, Altstiel LD, Davis KL, Mohs RC. Association of elevated alpha-1-Antichymotrypsin with cognitive impairment in a prospective study of the very old. *American Journal of Psychiatry* 155:698-700, 1998.

**Lantz MS**, Buchalter EN, McBee L. The Wellness Group: A novel intervention for coping with disruptive behavior in elderly nursing home residents. *The Gerontologist* 37:561-566, 1997.

Altstiel LD, Greenberg DA, Marin D, **Lantz M**, Mohs R. Apolipoprotein E genotype and cognition in the very old. *The Lancet* 349:1451-1452, 1997.

Li G, Aryan M, Silverman JM, Haroutunian V, Perl DP, Birstein S, **Lantz M**, Marin DB, Mohs RC, Davis KL. The validity of the family history method for identifying Alzheimer disease. *Archives of Neurology* 54:634-640, 1997.

**Lantz MS**, Marin D. Pharmacologic treatment of agitation in dementia: A comprehensive review. *Journal of Geriatric Psychiatry and Neurology* 9:107-119, 1996.

**Lantz MS**, Giambanco V, Buchalter EN. Effect of OBRA-87 on psychotropic prescribing in a teaching nursing home: A ten year review. *Psychiatric Services* 47:951-955, 1996.

Li G, Silverman JM, Altstiel LD, Haroutunian V, Perl DP, Purohit D, Birstein S, **Lantz M**, Mohs RC, Davis KL. Apolipoprotein E-epsilon 4 allele and familial risk in Alzheimer's disease. *Genetic Epidemiology* 13:285-298. 1996.

**Lantz MS**, Kennedy GJ. The psychiatrist in the nursing home. *Psychiatric Services* 46:15-16, 1995.

**Lantz MS**, Louis A, Lowenstein G, Kennedy GJ. A longitudinal study of psychotropic prescriptions in a teaching nursing home. *American Journal of Psychiatry* 147:1637-1639, 1990.

Case reports:

**Lantz MS**, Giambanco V. Acute onset of auditory hallucinations after initiation of celecoxib therapy. [Letter] *The American Journal of Psychiatry* 157:1022-1023, 2000.

**Lantz MS**, Buchalter EN, Giambanco V. Serotonin syndrome following the administration of tramadol with paroxetine. [Letter] *International Journal of Geriatric Psychiatry* 13:343-345, 1998.

Woo JK, **Lantz MS**, Marchello V, Libow LS. Efficacy and tolerability of tacrine in nursing home residents. *Journal of the American Geriatrics Society* 44:1411-1412, 1996.

Book chapters:

**Lantz MS** (editor-in-chief), Geriatric Psychiatry Self-Assessment Program 3<sup>rd</sup> ed. Bethesda, MD: American Association for Geriatric Psychiatry, (in press) March, 2007.

**Lantz MS**, Lyketsos CG, "Behavioral Problems in Dementia," Pompei P, Murphy JB (eds). Geriatric Review: A Core Curriculum in Geriatric Medicine 6<sup>th</sup> ed. New York: American Geriatrics Society, 2006.

**Lantz M**, "Adjustment Disorders in Late Life," in Agronin ME and Maletta GJ (eds.) Principles and Practice of Geriatric Psychiatry. Philadelphia: Lippincott, Williams & Wilkins, 2006.

Blank K, Kennedy GJ, **Lantz MS**, Watson LC (eds). Late-Life Depression: Progress and Hope. Lessons Learned from Geriatric Psychiatry. Clinical Monograph. Washington DC: American Association of Geriatric Psychiatry, 2004.

**Lantz MS**, "Alcohol Abuse," in O'Neil KW and Peterson RL (eds.) Optimal Aging Manual. Sarasota FL: Optimal Aging, LLL, 2004.

**Lantz MS** (section editor), "Treatment" (chapters 26 -34), in Cheong JA (editor-in-chief) Geriatric Self-Assessment Program, 2<sup>nd</sup> ed. Bethesda, MD: American

Association for Geriatric Psychiatry, 2004.

**Lantz MS**, “Group Psychotherapy,” “Psychotropic Medications,” in Mezey MD, Bottrell MM (eds.) The Encyclopedia of Care: The Comprehensive Resource on Geriatric and Social Care. New York: Springer Publishing Company, 2000.

Abstracts and Invited Publications:

**Lantz MS**. Hypothyroidism, excessive thirst, and pressured speech: When a patient gets “lost to follow up.” *Clinical Geriatrics* 14(8):17-21, 2006.

**Lantz MS**. A case of rapidly progressive dementia. *Clinical Geriatrics* 14(4):12-15, 2006.

**Lantz MS**. Pathologic laughter and crying in multiple sclerosis. *Clinical Geriatrics* 13(7):14-17, 2005.

**Lantz MS**. Problematic Gambling. *Clinical Geriatrics* 13(10):9-12, 2005.

**Lantz MS**. Elder Abuse: making a difference. *Clinical Geriatrics* 12(12):37-40, 2004.

**Lantz MS**. Caregiver Burden: when the family needs help. *Clinical Geriatrics* 12(11):29-32, 2004.

Petersen A, **Lantz MS**. Anorexia nervosa in an older woman: eating disorders as chronic conditions. *Clinical Geriatrics* 12(10):25-28, 2004.

**Lantz MS**. Smoking cessation: don’t give up on older adults. *Clinical Geriatrics* 12(8):11-16, 2004.

**Lantz MS**. Improving compliance with treatment for depression. *Clinical Geriatrics* 12(7):25-29, 2004.

**Lantz MS**. Chronic benzodiazepine treatment in the older adult: therapeutic or problematic? *Clinical Geriatrics* 12(5):21-24, 2004.

**Lantz MS**, Buchalter EN. Medications for late-stage Alzheimer’s disease. *Clinical Geriatrics* 12(2):34-39, 2004.

**Lantz MS**. Bipolar disorder in the Older Adult. *Clinical Geriatrics* 11(7):18-22, 2003.

**Lantz MS.** Abuse and Neglect of the Older Adult: What Can the Physician Do? *Clinical Geriatrics* 11(3):18-22, 2003.

**Lantz MS.** Smoking Cessation In the Older Adult. *Clinical Geriatrics* 10(9):26-32, 2002.

**Lantz MS.** Alcohol Abuse in the Older Adult. *Clinical Geriatrics* 10(2):40-42, 2002.

**Lantz MS.** Generalized Anxiety in Anxious Times. *Clinical Geriatrics* 10(1):36-38, 2002.

Honkanen L, Likourezos A, **Lantz M.** Home health care providers knowledge, attitudes and perceptions. [Abstract] *Journal of the American Geriatrics Society* 49(4):S108, 2001.

Rhodes-Kropf J, **Lantz MS.** Alternative medicine achieving balance between herbal remedies and medical therapy. *Geriatrics* 56(8):44-45, 2001.

**Lantz MS.** Suicide in late life. *Geriatrics* 56(7):47-48, 2001.

**Lantz MS,** Giambanco V. Smoking Cessation: the key to treating older smokers. *Geriatrics* 56(5):58-59, 2001.

Petersen A, **Lantz MS.** Neuropsychological testing in the older adult. *Geriatrics* 56(4): 55-56, 2001.

Buchalter EN, **Lantz MS.** Treatment of impulsivity and aggression in a patient with vascular dementia. *Geriatrics* 56(2):53-54, 2001.

**Lantz MS.** Serotonin syndrome. A common but often unrecognized psychiatric condition. *Geriatrics* 56(1):52-53, 2001.

Shelkey M, **Lantz M.** Promoting behavioral alternatives to psychotropic drug use on a dementia special care unit. *Journal of the American Geriatrics Society* 46(9):S96, 1998.