



**JPC FOUNDATION**

BETTER HEALTHCARE  
THROUGH CONTINUING  
EDUCATION

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## JPC Foundation Hosts Geriatrics CE Program in NYC on March 25



**Dr. James Wood opens the program with his presentation.**

James Wood, MD, FACP, began the program with his presentation "Delirium, Depression, Dementia, Including Alzheimer's Clinical Updates," tracing current issues in psychological and cognitive decline in the elderly, assessment practices and tools for practitioners, and innovations in geriatric psychiatry and diagnosis. Dr. Wood is Assistant Professor of Medicine at the Department of Medicine/Geriatric Division at Strong Health/University of Rochester and Medical Director for Long Term Care, The Highlands at Brighton and The Highland Living Center.



**Dr. Irving Gomolin presents on safe medication practices.**

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On March 25, 2007, JPC Foundation presented the first installment in its *Advancing Care in Geriatrics* series of CE programs: "Comprehensive Geriatric Assessment for Multidisciplinary Caregivers." The event was hosted at the Crowne Plaza Times Square Manhattan. The program series was designed to meet the growing need for quality continuing education with a focus on improving geriatric care.

Attendees were greeted by JPC Foundation President Christopher Moore. His opening remarks set the stage for the day's presentations:

"While JPC Foundation provides education across all the disciplines we like to say we have a niche in geriatrics. The needs for all involved are clear . . . to assure that you our caregivers are at the top of your game. We recognize that the underlying reason that we are all here is to assure that the needs of patients will be met with the highest quality care available. JPC Foundation applauds the commitment that our speakers and audience have made by being here today to share knowledge for advancement of your visionary spirit to care for patients, especially the elderly."



**Dr. Melinda Lantz addresses the audience.**

Melinda Lantz, MD, was the second presenter of the morning. Her presentation "Geriatric Cognitive, Functional, and Safety Assessments and Standardization Tools" covered comprehensive cognitive evaluation techniques for geriatric assessment, dementia screening tools, examination practices, and safety intervention care plans. Dr. Lantz serves as Chief of Geriatric Psychiatry, Beth Israel Medical Center.

Irving Gomolin, MD, FRCPC, FACP, presented on "Safe Medication Practice Issues," reviewing safe medication practices for elder care including prescribing and coordinating medication regimens, high alert medications,

### About JPC Foundation



JPC Foundation is a non-profit organization committed to providing healthcare education, training, and accreditation for physicians, nurses, pharmacists, and other members of the healthcare community. Headquartered in New York City, the JPC Foundation has been offering successful continuing education programs nationwide for the past 5 years. JPC Foundation uses the latest available resources in the industry including healthcare professionals, legislation, and healthcare agencies to formulate quality educational programs that will stimulate, motivate, and educate participants.

### About JPC



Joint Purchasing Corporation (JPC) established the JPC Foundation Inc. as a non-profit organization to provide continuing education to providers and consumers in the healthcare community. JPC Foundation Inc. is an independent, non-profit organization providing education programs, materials and resources.

**JPC Foundation Hosts Geriatrics CE Program in NYC on March 25 - continued**

and patient/caregiver education. Dr. Gomolin is Chief, Division of Geriatric Medicine Chief, Division of Clinical Pharmacology at Winthrop University Hospital and Clinical Professor of Medicine, State University of New York at Stony Brook.

Following the presentations, attendees were given the opportunity to interact with the program faculty and ask questions during a one-hour panel discussion. This discussion demonstrated the multidisciplinary nature of geriatric care as professionals from across the healthcare disciplines worked together to answer and discuss topics about current and future geriatric practice.



### **Upcoming JPC Foundation Programs**

Join JPC Foundation for the next two installments of our geriatrics CE series, Advancing Care in Geriatrics. We have designed these programs to provide you with the latest in clinical news updates and case studies in the fast-growing, multidisciplinary field of geriatric healthcare. Our scheduled upcoming events include:

#### **Geriatric Health Care and Pharmacologic Approaches to Improve Care Sunday, April 22, 2007**

*Crowne Plaza Times Square Manhattan*

**TOPICS:**

- Pain Management and Comorbidities
- Rehabilitation Medicine and Clinical Pharmacology
- Principles of Interdisciplinary Teamwork

#### **Geriatric Health Care and Pharmacologic Approaches to Improve Care Sunday, May 6, 2007**

*Crowne Plaza Times Square Manhattan*

**TOPICS:**

- Diagnosis, Treatment, and Recognition
- Geropharmacology
- Psychological and Caregiver Issues

Cost for attendance is \$80 per program. Seating is limited! To register, visit <http://jpcfoundation.org/register> or call 212-946-2687 today!

**1199 MEMBERS RECEIVE 25% DISCOUNT**



**JPC Foundation President Christopher Moore watches the presentations with Dr. Lantz.**

### **Geriatrics Literature Review: Asymptomatic Bacteriuria and UTI – March 26, 2007**

The following is a literature review of the article “The Aging Urinary Tract and Asymptomatic Bacteriuria” by Timothy J. Benton, MD, and Beverly Nixon-Lewis, DO. The article originally appeared in *Clinical Geriatrics*, volume 15 issue 2, in February 2007. This information is provided as an educational tool and as a support, not a replacement, for the patient-physician relationship.

#### **Overview**

Bacteriuria is defined as the presence of bacteria in urine; however the presence of such bacteria is not a definite indicator of a urinary tract infection (UTI). Elderly patients often experience UTI with more frequency as they continue to age, but those patients who are able to effectively explain their symptoms can help doctors to rule out the presence of a UTI in favor of asymptomatic bacteriuria (ASB). Once the determination is made between UTI and ABS, treatment decisions can be made in the best interest of the patient.

#### **UTI vs. ASB**

UTI is diagnosed when patients have urine that tests positive for bacteria. UTI also accompanied by numerous symptoms including dysuria, urinary frequency, and flank pain. If a patient tests positive for bacteria in the urine but does not express any of the aforementioned symptoms, ABS must be considered. Culture testing has demonstrated that a large portion of the elderly population that test positive for bacteriuria have ABS and not UTI. It is difficult to determine between UTI and ASB in the elderly. UTI and ASB both exhibit positive urine cultures, abnormal urinalysis, increased serum, urinary

markers of inflammation, and presence of white blood cells.

#### **Bacteriuria and the Elderly**

Bacteriuria is prevalent in the elderly for several reasons. General decline associated with aging is one contributor. Illnesses that are acquired as the body ages can also cause bacteriuria. Postmenopausal women are also more likely to have bacteriuria. It is important to understand these trends as the chances for ASB increase with the chances for bacteriuria.

Improper emptying of the bladder, however, is believed to be the primary cause of ABS. This can, in turn, be caused by varying estrogen levels in women, urinary incontinence, high postvoid residual, and other ailments that inhibit the patient’s ability to function, including stroke and dementia.

#### **Treatment and Prevention**

Before starting a patient on additional medication to treat ABS, UTI, or related symptoms, the physician must consider that renal function declines with age, and elderly patients may have difficulty clearing medications. Antibiotics are not necessary for treating ASB because of recurrence. While ASB can occur in patients who have UTI, treating the ASB does not prove helpful in treating UTI or reduce the future occurrence of UTI. Mortality is not affected by ASB, and ASB does not affect renal function.

ASB treatment does temporarily eliminate bacteriuria but can also promote the development of resistant bacteria. Medicating patients who have ASB may cause an increase in resistant organisms that will make treating UTI more difficult in the future as antibiotic drugs will fail to be effective. Overall, treatment of ASB is not recommended on a routine basis.

#### **For More Information**

Précis, the quarterly newsletter from JPC Foundation, is designed to provide members of the healthcare community with current information about geriatric healthcare, JPC Foundation and its programs. If you are interested in planning an educational program with JPC Foundation or would like more information about the articles in this issue, please contact Mike Sliozis, Director of Education, [msliozis@jpc.org](mailto:msliozis@jpc.org) or visit our website at [www.jpcfoundation.org](http://www.jpcfoundation.org). For more information about JPC, please call 212-946-2687.

## JPCF Foundation Welcomes Peggy Kennedy: Director of Fundraising and Development

JPC Foundation is pleased to announce the hiring of Margaret (Peggy) Kennedy as Director of Fundraising and Development. Ms. Kennedy's expertise in marketing programs, project management, strategic planning, business development, and fundraising make her an immediate asset to the organization.

Ms. Kennedy comes to JPC Foundation with over 15 years of experience in sales and marketing and over 5 years in professional fundraising. She has an innovative approach to project development and funding. Ms. Kennedy uses her planning skills and network of relationships within the fundraising community to implement successful programs that will benefit healthcare providers and the public they serve. The programs will feature expert clinical educators from around the country and will be accredited by the respective organizations for CEU credits.

"Peggy has hit the ground running and it is a pleasure to welcome such enthusiasm into the organization," said Christopher Moore, JPC Foundation's President. "Her resourcefulness will help our operating foundation bring quality programs that will enhance the care of those our caregivers serve."

Ms. Kennedy attended Texas A&M University and is a member of the Association of Fundraising Professionals.

## Speakers Showcase – James B. Wood, MD, FACP

James B. Wood, MD, FACP is currently Assistant Professor of Medicine for the Department of Medicine/Geriatric Division and Attending Physician for Strong Health/University of Rochester and Medical Director for Long Term Care for The Highlands at Brighton and The Highlands Living Center. He has previously served as Medical Director/Geriatric Services and Unit Head/Geriatrics for Rochester General and Genesee Hospitals, Vice President/Medical Director for St. Ann's of Greater Rochester.

His faculty appointments include Strong Memorial Hospital University of Rochester Medical Center, Monroe Community Hospital, Highland Hospital, Rochester General Hospital, Rochester Institute of Technology, and Albany College of Pharmacy.

Dr. Wood graduated from Georgetown University School of Medicine completed an internship and residency at the University of Rochester – Primary Care Program in Internal Medicine. He is Board Certified by the National Board of Medical Examiners and the American Board of Internal Medicine holds a certificate in Geriatric Medicine. He is also certified as a Medical Director by the American Medical Director's Association. He is a member of the American College of Physicians, American Geriatrics Society, New York Medical Director's Association, and American Medical Directors Association.

Dr. Wood was one of three featured speakers who participated in JPC Foundation's March

25, 2007 continuing education program Comprehensive Geriatric Assessment for Multidisciplinary Caregivers, where he presented his lecture "Delirium, Depression, Dementia, Including Alzheimer's Clinical Updates" and participated in a panel discussion. Dr. Wood was joined as a presenter by Melinda Lantz, MD, and Irving Gomolin, MD, FRCPC, FACP.

The Speakers Showcase highlights those individuals who have joined our speakers' bureau and who are committed to helping JPC Foundation continue to provide quality continuing healthcare education. JPC Foundation has established a speakers' bureau of healthcare professionals who are outstanding speakers and published experts in their field and who have vast clinical experience particularly related to geriatrics as well as other healthcare topics.



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**Featured Website** – The American Association for Geriatric Psychiatry (AAGP) website (<http://www.aagpgpa.org/>) provides a variety of resources for both caregivers and geriatric healthcare professionals. The site provides updates and press releases regarding the latest geriatrics news from Congressional hearings and Federal agency developments. The website provides aging individuals and their caregivers with information and contacts for finding a geriatric psychiatrist. Healthcare professionals can benefit from the numerous abstracts, fact sheets, fellowship listings, and career guidance pages. AAGP provides strong advocacy on behalf of the geriatric care community and strives to improve the quality of life and care for elderly patients by supporting appropriate legislation. Through education, research,

and legislation, AAGP promotes the overall well-being of geriatric patients and their family members and caregivers.





## At a Glance: The Institute for Continuing Education

The Institute for Continuing Education is part of the 1199SEIU League Training and Upgrading Fund, the largest labor management fund in the country, and was developed as part of the Fund's mission to provide high quality educational programs to healthcare practitioners. The Institute is committed to offering programs that are fully accredited and cost effective. Their presenters are nationally recognized, credentialed academic instructors and experts in their fields.

They use state-of-the-art technology to present high quality live programs in Manhattan, live videocast of select programs to various 1199SEIU-affiliated locations and hospitals, and live streaming around the world via the Internet.

Programs are offered to over 5,000 members and non-members each year to meet re-certification requirements or as refresher courses for those who want to expand and clarify their working knowledge. Preparation courses for national examinations are also offered for select professions.

JPC Foundation is a proud educational partner of 1199 SEIU.

To learn more about the Institute for Continuing Education, visit their website at [www.1199etjisp.org](http://www.1199etjisp.org).



### Coordinate a Program with JPC Foundation

Does your healthcare facility or organization have a continuing education need? Do you want to provide quality, innovative programs for your faculty and staff that will educate and encourage them in the best practices available? Do you want a customizable program that will be sure to meet your facility or organization's needs? If you answered yes to these questions, consider coordinating a continuing education program with JPC Foundation.

#### What is JPC Foundation?

JPC Foundation is a 501c(3) non-profit organization with five years of experience in providing innovative continuing education opportunities to healthcare professionals. Our mission is to offer continuing education programs with an emphasis on critical healthcare topics. JPC Foundation strives to improve the health and well being of people through innovative education of healthcare providers and patients. With more knowledge and a better understanding through education, healthcare professionals and consumers will raise the overall quality of healthcare. JPC Foundation provides an environment of empowerment through knowledge.

#### JPC Foundation's 2006-2007 Focus

In 2006 JPC Foundation began its focus on Geriatric Healthcare Education, and we are currently developing, sponsoring, and accrediting programs in line with this focus. We are looking to produce a series of geriatric programs in individual speaker or panel format presentations and will match them to appropriate funding through non-restricted grants (public, private and foundation). This would ensure no conflict of interest regarding commercialization or promotion and with the appropriate funding level assure successful and long term educational programs for the multiple disciplines of healthcare providers. Along with this focus JPC Foundation will continue to provide accreditation and program planning for other topical healthcare areas. If your facility or organization has a need unrelated to geriatric care, JPC Foundation is ready and able to work with you.

#### Coordinate a Program!

JPC Foundation can coordinate all aspects of continuing education program planning. We are an accredited provider of continuing education credits and will provide CE credits for all healthcare professionals in attendance. Our Speakers' Bureau serves as our resource for matching program presenters to symposium topics and contains more than seventy professional members. We can also work with your organization to procure speaking venues and coordinate catering. We have a portfolio of customizable programs available for you to choose from and adapt to your facility or organization's needs.

#### Want to know more?

For more information about how you can coordinate a continuing healthcare education program with JPC Foundation and for a sample of our portfolio offerings, please call 212-946-2687 or email [info@jpc.org](mailto:info@jpc.org).

#### Support JPC Foundation!

We need your help! JPC Foundation receives no advertising revenue or government support and depends entirely on unrestricted educational grants, donations, and volunteer efforts to pursue its mission. Donations from individuals and organizations have made it possible for JPC Foundation to provide innovative continuing education opportunities and training to physicians, nurses, pharmacists and other members of the healthcare community. Every donor is gratefully acknowledged, and donations are tax deductible to the full extent of the law. To make a donation, please contact Peggy Kennedy, Director of Development at [pkennedy@jpc.org](mailto:pkennedy@jpc.org) or call 630-409-5037.

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