

Advancing Care in Geriatrics:

CME Examination:

The Holistic Medicine Approach to Geriatric Care

Gail Lowenstein, M.D.

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These examination questions are based on the lecture "The Holistic Medicine Approach to Geriatric Care" which was presented live during an April 22, 2007 JPCF program by Gail Lowenstein, M.D., in New York, NY.

ACCREDITATION



JPC Foundation is approved by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. JPCF has applied for 1 hour of continuing education credit (0.1 CEU) for this activity.

Release Date: June 1, 2007
Expiration Date: May 31, 2008
Estimated Time to Complete: 1 hour

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AT THE CONCLUSION OF THIS ACTIVITY, PARTICIPANTS SHOULD BE ABLE TO:

1. Compare pharmacologic and non-pharmacologic approaches to geriatric care.
2. Identify the health care professional's training needs for a holistic approach to long term care.

INSTRUCTIONS

A statement of credit (pharmacists) or certificate of completion will be awarded upon completion the posttest and evaluation form. Please complete the following examination answer sheet and fax it with your credit card payment of \$20.00 or mail with a credit card payment or check (write the course number JPCF# 07-021-OL on your check) payable to "JPC Foundation" to:

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You will receive a statement of CE credit or certificate of completion approximately 2 weeks after submitting your materials, and receiving a score of 70% or higher. Valid through May 31, 2008. No credit will be given after this date. Please contact the JPC Foundation Continuing Education office at 212.946.2687 if you have any questions.

EXAM Please circle the correct answer to the following questions:

1. Functional medicine focuses on:

- A. Minor symptoms & medical history as clues to underlying etiology
- B. Root Cause Treatment relieves symptoms
- C. Based on each patient's diagnosis and treatment on determinations of statistical averages
- D. Physician takes responsibility for patient's health
- E. A & B
- F. C & D

2. Our bodies are inhabited by more microorganisms than human cells.

- A. True
- B. False

3. Conventional medicine focuses on :

- A. Patient-physician partnerships
- B. Prevents future chronic disease
- C. Assigns each symptom to the care of a specialist
- D. Remediate disease through quick fix symptom suppression
- E. A & B
- F. C & D

4. An individualized, immunologically mediated (IgE or IgG) reaction to a generally nontoxic food substance is a:

- A. Food Allergy
- B. Food Intolerance
- C. All of the above
- D. None of the above

5. Adverse drug reactions from properly prescribed medications represent the 5th leading cause of death, higher than breast cancer, AIDS, and motor vehicle crashes.

- A. True
- B. False

EVALUATION OF CME ACTIVITY Answer the following standard evaluation questions: (1 = poor, 5 = Superior)

- 1. The educational objectives were met.
- 2. The presented information was timely.
- 3. The presented information was well balanced and relevant.
- 4. The information present will affect my practice behavior.
- 5. What changes (if any) do you expect to make in your clinical practice as a result of the information presented?
Response: _____
- 6. What topic(s) would you like to see covered in the future?
Response: _____
- 7. Were off-label drugs or devices discussed without prior disclosure? Yes No

Comments: _____

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The actual amount of time I spent on this activity was ___ hour(s) on ___/___/___ (mm/dd/year).

I certify that I have completed this continuing educational activity and post test.

Signature: _____ Date _____