

Advancing Care in Geriatrics:

CME Examination:

Psychology of Aging: The Individual, the Family, and the Caregiver

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May 2007

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These examination questions are based on the lecture "Psychology of Aging: The Individual, the Family, and the Caregiver" which was presented live during a May 6, 2007 JPCF program by Lory Bright-Long, M.D., in New York, NY.

ACCREDITATION



JPC Foundation is approved by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. JPCF has applied for 1 hour of continuing education credit (0.1 CEU) for this activity.

Release Date: June 1, 2007
Expiration Date: May 31, 2008
Estimated Time to Complete: 1 hour

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AT THE CONCLUSION OF THIS ACTIVITY, PARTICIPANTS SHOULD BE ABLE TO:

1. Dispute the current 6 myths about aging for peers and patients.
2. Describe the major societal trends in aging which will affect patients.
3. Analyze the family and how it ages.
4. Identify the stages and stress of care giving and how to intervene.

INSTRUCTIONS

A statement of credit (pharmacists) or certificate of completion will be awarded upon completion the posttest and evaluation form. Please complete the following examination answer sheet and fax it with your credit card payment of \$20.00 or mail with a credit card payment or check (write the course number JPCF# 07-016-OL on your check) payable to "JPC Foundation" to:

JPC Foundation, Inc.
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11 Penn Plaza, 5th Floor
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Fax: 212.946.2692

You will receive a statement of CE credit or certificate of completion approximately 2 weeks after submitting your materials, and receiving a score of 70% or higher. Valid through May 31, 2008. No credit will be given after this date. Please contact the JPC Foundation Continuing Education office at 212.946.2687 if you have any questions.

EXAM Please circle the correct answer to the following questions:

1. Which of the following are myths about aging in America:
 - A. Everyone over 65 years of age is "old"
 - B. Older minds are not as bright as younger minds
 - C. Older people are as productive as younger people
 - D. Older people are unattractive and sexless
 - E. A & C
 - F. A, B, & D

2. Which of the following are societal trends that will affect elderly patients:
 - A. Educational attainment: 23.4% of 60 - 64 year olds have a Bachelor's degree or more
 - B. Occupational trends: Over 4 million people 65+ are employed
 - C. Placement of elderly in long term care facilities as soon as possible
 - D. Increased life expectancy
 - E. A, B, and C
 - F. A, B, and D

3. The "Family Life Cycle" may include"
 - A. 2 year old toddler of the
 - B. 25 year old son of the
 - C. 50 year old daughter of the
 - D. 75 year old widowed daughter of the
 - E. 95 year old great-great-grand mother
 - F. All of the above

4. In order to cope with care giving caregivers should:
 - A. Learn about the loved one's medical illness and needs
 - B. Care for one's own physical and emotional needs
 - C. Honor loved one's wishes, unless there is danger involved
 - D. Develop a personal support system
 - E. None of the above
 - F. All of the above

5. A caregiver should ask, "Can you offer the best care for my loved one, or should we seek the help of a specialist?"
 - A. True
 - B. False

EVALUATION OF CME ACTIVITY Answer the following standard evaluation questions: (1 = poor, 5 = Superior)

1. The educational objectives were met. 1 2 3 4 5
2. The presented information was timely. 1 2 3 4 5
3. The presented information was well balanced and relevant. 1 2 3 4 5
4. The information present will affect my practice behavior. 1 2 3 4 5
5. What changes (if any) do you expect to make in your clinical practice as a result of the information presented?
Response: _____
6. What topic(s) would you like to see covered in the future?
Response: _____
7. Were off-label drugs or devices discussed without prior disclosure? Yes No

Comments: _____

PLEASE PRINT

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The actual amount of time I spent on this activity was ____ hour(s) on ____/____/____ (mm/dd/year).

I certify that I have completed this continuing educational activity and post test.

Signature: _____ Date _____